

GPBuddy Study Day in association with Blackrock Health

Date: Saturday, September 7<sup>th</sup>, 2024 Venue: Johnstown Estate, Enfield

**08:30 - 09:20** Registration, welcome refreshments with exhibitors.

**09:20 - 09:30** Welcome address by GPBuddy.ie.

**09:30 - 11:00 Session 1:** “Quickfire updates for GPs - 6 topics in 60 Minutes” on the following with 30 mins Q&A:

- Dr Shane McKeogh, GP chairperson.
- Ophthalmology: Common Ophthalmology conundrums for GPs with Mr Sean Chen, Consultant Ophthalmologist, Blackrock Health Galway Clinic.
- ENT: I’m hoarse doctor - when do I need to refer? with Mr Colm Fahy, Consultant ENT Surgeon, Blackrock Health Galway Clinic.
- The forgotten valves - pathology and emerging therapies for the mitral and tri-cuspid valves with Dr Anthony Buckley, Consultant Interventional Cardiologist, Blackrock Health Blackrock Clinic.
- Hepatology: Unhealthy livers & abnormal LFTs - When do I need to refer? with Prof Susan McKiernan, Consultant Hepatologist, Blackrock Health Hermitage Clinic.
- HIV: Where are we now? with Prof Colm Bergin, Consultant in Infectious Diseases, Blackrock Health Blackrock Clinic.
- Colorectal Cancer: When do we need to refer / Are our patients getting younger? with Mr James Smith, Consultant Colorectal Surgeon, Blackrock Health Hermitage Clinic.

**11:00 - 11:30** Tea, coffee, refreshments with exhibitors.

**11:30 - 13:00 Session 2:** “Hot GP Topics” to include 3 presentations and Q&A:

- Dr Darach Ó Ciardha, GP chairperson.
- Assisted Decision making: What GPs need to know with Ms Dee Duffy, Senior Legal Counsel, Medisec.
- Orthopaedics: A lifetime on the hips (and knees) - optimum timing of joint replacement for hips and knees with Mr Niall McGoldrick, Consultant Orthopaedic Surgeon, Blackrock Health Hermitage Clinic and Mr John C. Kelly Consultant Orthopaedic Surgeon, Blackrock Health Galway Clinic.
- Women's Health: Topical Menopause Conundrums with Dr Deirdre Lundy, Women's Health Specialist, NMH and Rotunda Hospitals.

**13:00 - 14:00** Lunch.

**14:00 - 15:30 Session 3:** “Prevention and Lifestyle Session” with:

- Dr Elaine Cooke, GP chairperson.
- Why is lifestyle advice so important? Upskill on this important topic with Dr Rory O’Hanlon, Consultant Cardiologist, Blackrock Health Blackrock Clinic.
- Case studies on Exercise as a Medicine - Andy Dunne, Clinical Exercise Specialist & Chartered Physiotherapist at Personal Health, Dublin
- Introduction to Lifestyle Medicine – Dr Elaine Cooke, GP Chairperson.

**15:30** Closing remarks by GPBuddy.ie.